



DEAR COLLEAGUES,

Department of Cardiology and Vascular Medicine, Faculty of Medicine, University of Indonesia warmly invites you again to the 19th Weekend Course on Cardiology (19th-WECOC) which will be held on November 29 - December 1, 2007 at Borobudur Hotel, Jakarta. The theme for this year will be **Empowering Referral System in Clinical Cardiology**.

According to the Indonesian consecutive Household Health Survey, cardiovascular problems are rapidly increasing and become the leading cause of death among the population. This growing epidemic of cardiovascular disease imposes a new challenge on all of us. Fortunately, important technological and pharmacological advances have been made in the treatment of acute and chronic heart disease. Significant improvements have also occurred in primary and secondary prevention of this disease. But, what has not been clearly addressed is the matter of appropriate referral of patients with cardiovascular disease to physician specialist. To facilitate this process, we will prepare an outstanding scientific program focusing on referral system in the cardiovascular field for general practitioners as the primary care, to the cardiologist as the secondary or tertiary care, and also to other medical specialist. We are optimistic that appropriate referral and improved application of evidence-based medicine will enhance the quality of care and optimize patients outcomes.

The scientific programs include plenary sessions, focus sessions, breakfast symposium, lunch symposia and parallel symposia will present the latest research and most up-to-date information on issues in many cardiovascular disease and management. We also organize the most comprehensive and exiting mini courses on ECG Made Easy in Clinical Practice, Acute Heart Failure, Acute Coronary Syndrome and also workshop on Echocardiography in Congenital Heart Disease which will be limited only for those who wish to learn more about these. Nursing Sessions for nurses who are interested and working in this field are also provided in this meeting. Beside local faculty group which is experts in various fields, we will also invite top-level renowned experts from the leading institutes from Japan, Australia and Netherlands.

We look forward to seeing you in this enriching and exciting meeting soon.

Best regards,

Sunarya Soerianata

Chairman, Organizing Committee
19th Weekend Course on Cardiology

Nani Hersunarti

Chairman, Continuing Medical Education
Department of Cardiology and Vascular Medicine
Faculty of Medicine, University of Indonesia

Ganesja M. Harimurti

Chairman, Department of Cardiology and Vascular Medicine
Faculty of Medicine, University of Indonesia

ADVISOR

Dean of Faculty of Medicine University of Indonesia
Faculty of Medicine University of Indonesia

Chairman of Department of Cardiology and Vascular Medicine
Faculty of Medicine University of Indonesia
Ganesja M. Harimurti

Chairman of Continuing Medical Education (CME)
Department of Cardiology and Vascular Medicine
Faculty of Medicine University of Indonesia
Nani Hersunarti

ORGANIZING COMMITTEE

Chairman	: Sunarya Soerianata
Secretary	: Poppy S. Roebiono
Treasurer	: Manoefris Kasim
Scientific	: Santoso Karo-Karo Harmani Kalim Bambang B. Siswanto Basuni Radi Iwan Dakota
Registration & Publication	: Doni Firman Idris Idham
Exhibition	: Muhammad Munawar
Accommodation	: Daniel P.L Tobing



Scientific Sessions

Thursday, November 29, 2007

07.00 - 08.20 : **Registration**

PLENARY SESSION I

Flores Ballroom

Chairman : *Dede Kusmana*

08.20 - 08.50 Grown-up congenital heart disease : problems and tips for management

Ganesja M. Harimurti

08.50 - 09.20 Coronary imaging : Towards more reliable and non invasive approach

Ben He

09.20 - 09.35 **Opening Ceremony**

09.35 - 10.00 **Coffee Break**

SYMPOSIUM I

Flores A

Cardiovascular imaging : Which imaging modalities?

Chairman : *Arieska Ann Soenarta*

10.00 - 10.20 The role of echocardiography in daily practice

Achmad Lefi

10.20 - 10.40 Advances in echocardiography and future direction

Amiliana M Soesanto

10.40 - 11.00 When and why we need to refer patients for cardiac nuclear perfusion scan?

Manoefris Kasim

11.00 - 11.15 Discussion

SYMPOSIUM II

Flores B

When to refer patients with congenital heart disease

Chairman : *Lily I Rilantono*

10.00 - 10.20 How to recognize congenital heart disease

Indriwanto S. Atmosudigdo

10.20 - 10.40 Non invasive modalities for congenital heart disease

Poppy S. Roebiono

10.40 - 11.00 The golden period for referring congenital heart disease

Anna Ulfah Rahayoe

11.00 - 11.15 Discussion

LUNCH SYMPOSIUM I

Flores A

- Chairman : *Idris Idham*
11.15 - 11.45 Pharmaconomics in cardiovascular treatment
TBA
11.45 - 12.15 Anti-oxidants in cardiovascular disease : Supplement or
treatment?
Faisal Baraas
12.15 - 12.30 Discussion

12.30 - 13.30 **Lunch**

LUNCH SYMPOSIUM II

Flores B

Advances in pulmonary hypertension

- Chairman : *Poppy S. Roebiono*
11.15 - 11.45 New pathophysiology of pulmonary arterial hypertension
Bambang B. Siswanto
11.45 - 12.15 New guidelines in pulmonary arterial hypertension
Ganesja M. Harimurti
12.15 - 12.30 Discussion

12.30 - 13.30 **Lunch**

SYMPOSIUM III

Flores A

Update in Vascular Disease

- Chairman : *Ismoyo Sunu*
13.30 - 13.50 Acute aortic dissection from clinical clues and diagnostic
modalities to management or surgery
Sun Gwon Kang
13.50 - 14.10 Renal artery intervention : When and how?
R.W.M. Kaligis
14.10 - 14.30 Current approach of medical treatment in peripheral arterial
disease
Iwan Dakota
14.30 - 14.45 Discussion

SYMPOSIUM IV

Flores B

Invasive versus non invasive management in acute non STEMI

- Chairman : *Sunarya Soerianata*
13.30 - 13.50 STEMI and non STEMI : The similarities and the differences
Nur Haryono
13.50 - 14.10 Is invasive strategy better for Acute Non-STEMI?
Ben He
14.10 - 14.30 DES versus BMS in STEMI
Otte J. Rachman
14.30 - 14.45 Discussion



Friday, November 30, 2007

PLENARY SESSION II

Flores Ballroom

Chairman : *Harmani Kalim*

08.00 - 08.30 Heart failure : Evolving concepts and management
Richard Troughton

08.30 - 09.00 Endovascular aorta repair in abdominal aorta aneurysm (AAA) : Which patient and what are the outcomes?
Sun Gwon Kang

09.00 - 09.30 **Coffee Break**

SYMPOSIUM V

Flores A

ACS : More aggressive anti platelet treatment

Chairman : *Otte J Rachman*

09.30 - 09.50 Antiplatelets, anticoagulants and fibrinolytic : Which drugs for which patients
Irmalita

09.50 - 10.10 Double antiplatelets during the golden period of acute coronary syndrome
Erwinanto

10.10 - 10.30 Drugs after PCI
Sodiqur Rifki

10.30 - 10.45 Discussion

SYMPOSIUM VI

Flores B

Current evidence in the management of diabetes and cardiovascular diseases

Chairman : *Aulia Sani*

09.30 - 09.50 From β -cell dysfunction to cardiovascular disease in type-2 diabetes patient : The role of oxidative stress
Adnil Basha

09.50 - 10.10 Metabolic manipulation for ischemic heart disease treatment
Muhammad Yusak

10.10 - 10.30 Essential role of ACE inhibitor in reduction of cardiovascular events in hypertensive patients
Hananto Adriantoro

10.30 - 10.45 Discussion

LUNCH SYMPOSIUM III

Flores A

Current issues in metabolic syndrome related disease and how to manage

Chairman : *Nani Hersunarti*

10.45 - 11.15 The cardiologist perspective on pioglitazone and vascular protection in type-2 diabetes mellitus
Harmani Kalim

11.15 - 11.45 Updates on hypertension management : Learning from CASE-J study
Bambang Irawan

11.45 - 12.00 Discussion

12.00 - 13.30 **Lunch & Friday Praying**

LUNCH SYMPOSIUM IV **Flores B**
Dual inhibition : New strategy for reaching goal in today's hypercholesterolemia management

Chairman : *Santoso Karo-Karo*

10.45 - 11.15 Cholesterol management in the real world : From primary care to referrals

Muhammad Munawar

11.15 - 11.45 New updates on dual inhibition

Saturnino Javier

11.45 - 12.00 Discussion

12.00 - 13.30 : **Lunch & Friday Praying**

SYMPOSIUM VII **Flores A**
Neurohormonal manipulation in heart failure management

Chairman : *Hadi Purnomo*

13.30 - 13.50 Profile of acute heart failure in Indonesia

Basuni Radi

13.50 - 14.10 Awareness and management of heart failure in the community

Budhi Setianto

14.10 - 14.30 NT pro-BNP : Clinical utility in diagnosis, monitoring and prognosis of chronic heart failure

Richard Troughton

14.30 - 14.45 Discussion

SYMPOSIUM VIII **Flores B**
Preventing heart attack

Chairman : *Andang H Joesoef*

13.30 - 13.50 Exercise programs for primary and secondary prevention of cardiovascular disease

Yoichi Goto

13.50 - 14.10 Aggressive lipid management in primary and secondary prevention

Pradana Tedjasukmana

14.10 - 14.30 The role of ARB in prevention of heart attack : what is the evidence?

TBA

14.30 - 14.45 Discussion

SYMPOSIUM IX **Flores A**
New hope for smokers

Chairman : *Bambang B. Siswanto*

14.45 - 15.05 Smoking burden in Indonesia

Dede Kusmana

15.05 - 15.25 Nicotine addiction and physician role to help quitters

Aulia Sani

15.25 - 15.45 A breakthrough therapy in smoking cessation treatment

Harmani Kalim

15.45 - 16.00 Discussion



SYMPOSIUM X

Flores B

Chairman : *Rurus Suryawan*

14.45 - 15.05 Aspirin and clopidogrel resistance in ACS and PCI

Bambang Budiono

15.05 - 15.25 GP to be IIb/IIIa inhibitor as an optimal antiplatelet

Sunarya Soerianata

15.25 - 15.45 The role of GP IIb/IIIa inhibitor in ACS and PCI : Focus on

Eptifibatide

Saturnino Javier

15.45 - 16.00 Discussion

DINNER

Flores Ballroom

Gathering Night

**31st Anniversary of Department of Cardiology and Vascular Medicine Faculty
of Medicine University of Indonesia and
Golden Anniversary of Indonesian Heart Association.**

19.00 - 23.00 Dinner and entertainment

Saturday, December 1, 2007

BREAKFAST SYMPOSIUM II

Timor

- Chairman : *Manoefris Kasim*
07.30 - 08.00 What we expect from novel calcium antagonist in hypertension
Andang H. Joesoef
08.00 - 08.10 Discussion

PLENARY SESSION III

Flores Ballroom

- Chairman : *Ganesja M Harimurti*
08.10 - 08.40 Current concept and management of infective endocarditis
Hadi Purnomo
08.40 - 09.10 Heart failure : The role of non pharmacological intervention
Yoichi Goto
09.10 - 09.40 **Coffee Break**

SYMPOSIUM XI

Flores A

What's new in hypertension

- Chairman : *Budhi Setianto*
09.40 - 10.00 The role of beta blocker in the management of hypertension and heart failure
Eko Antono
10.00 - 10.20 Management of hypertension to CHF : Cardioprotective effect of ACE inhibitors
Nani Hersunarti
10.20 - 10.40 Consensus in the management of hypertension in Indonesia
Jose Roesma
10.40 - 10.55 Discussion

SYMPOSIUM XII

Flores B

Better management of hypertension today and in the future

- Chairman : *Muhammad Munawar*
09.40 - 10.00 Management priorities in hypertension management : How to gain good control of blood pressure
Sutomo Kasiman
10.00 - 10.20 Protective benefit beyond blood pressure lowering : What is the evidence?
Rully M.A. Roesli
10.20 - 10.40 Forging new tracks : CCB and ARB combination in hypertension management
Sunarya Soerinata
10.40 - 10.55 Discussion



LUNCH SYMPOSIUM V

Flores A

Do we misunderstand beta blockers?

Chairman : *Asikin Hanafiah*

10.55 - 11.25 Non cardiac surgery : Cardioprotection with a beta blockers

J.M. Cruisckshank

11.25 - 11.55 20 years of bisoprolol in cardiology : Saving lives and improving symptoms

Djangan Sargowo

11.55 - 12.10 Discussion

12.10 - 13.10 **Lunch**

LUNCH SYMPOSIUM VI

Flores B

Fondaparinux : In acute coronary syndrome and venous thromboembolism

Chairman : *RWM Kaligis*

10.55 - 11.25 The role of fondaparinux in acute coronary syndrome

Manoefris Kasim

11.25 - 11.55 The role of fondaparinux in venous thromboembolism

Ismoyo Sunu

11.55 - 12.10 Discussion

12.10 - 13.10 **Lunch**

SYMPOSIUM XIII

Flores A

Atrial fibrillation : What GP's should know?

Chairman : *Nur Haryono*

13.10 - 13.30 Atrial fibrillation burden in the general population

Idris Idham

13.30 - 13.50 Drugs for atrial fibrillation prevention and treatment

Yoga Yuniadi

13.50 - 14.10 Atrial fibrillation ablation : Which patients and which strategies?

Muhammad Munawar

14.10 - 14.25 Discussion

SYMPOSIUM XIV

Flores B

When there is no cardiologist : What GP should do?

Chairman : *Sunarya Soerianata*

13.10 - 13.30 Patient presents with severe breathlessness due to ADHF

Daniel P L Tobing

13.30 - 13.50 Hypotension and shock

Iwang Gumiwang

13.50 - 14.10 Patient with very fast heart beat

Muhammad Yamin

14.10 - 14.25 Discussion

14.25 - 14.40 **CLOSING CEREMONY**

MINI COURSE & workshop

Thursday, November 29, 2007

**Mini Course on ECG
ECG Made Easy in Clinical Practice
Course Director : Surya Dharma**

Sumba B

- 13.30 - 13.50 - Introduction & Pre-Test
13.50 - 15.00 Lectures :
- Electrical system of the heart
 - Attachment of the leads
 - Predicting the wave shape of the normal 12-lead ECG
 - Hexaxial system
 - ECG changes of ischemia
 - ECG changes of injury (Acute Myocardial Infarction)
 - Locating the myocardial infarction
 - Concept and criteria of left ventricular hypertrophy, right ventricular hypertrophy, left atrial enlargement, right atrial enlargement
 - Wave shape distortion due to LVH
 - Development of the patterns of conduction abnormalities
 - Arrhythmias
 - Specific ECG changes in miscellaneous condition
 - Pediatric ECG interpretations: A practical approach
- 15.00 - 17.30 - Interactive case discussion
17.30 - 17.45 - Post test and closing remarks

**Mini Course on Acute Heart Failure
Course Director : Irmalita**

Sumba C

- 13.45 - 17.45 - Pretest
- Introduction : Definition, epidemiology, classification
 - Pathophysiology of AHF
 - AHF management in emergency department
 - Specific notes on Diagnostic tests and criteria of assessment of AHF and hemodynamic profile in patients with AHF
 - Initial assessment and therapy in AHF
 - In-Hospital management of AHF
 - Sample Cases and discussion : 4-5 cases
 - Post Test



Friday, November 30, 2007

Sumba B

Mini Course on Acute Coronary Syndrome

Course Director : Daniel Tobing

- 13.30 - 17.15 - Introduction and Pre- Test
- Review on pathophysiology and mechanism of ACS
 - Early recognition from symptom, ECG and biochemical marker
 - Management of ACS, focused on early management and emergency setting (pain killing, anti ischemia, anti angina, antithrombotics, anticoagulation fibrinolytics and possible complications
 - Workbook and cases review
 - Post test
 - Session review

Saturday, December 1, 2007

Sumba A

Workshop on Echocardiography in Congenital Heart Disease

Course Director : Poppy S. Roebiono

- 07.30 - 09.00 Registration
- 09.00 - 09.30 Opening Remarks and Pre test
- 09.30 - 09.50 Segmental Approach and Image Orientation in Congenital Heart Disease.
- 09.50 - 10.10 Doppler Techniques and Quantification: Applications in Congenital Heart Disease.
- 10.10 - 10.30 Left-to-Right Shunts: Patent Ductus Arteriosus, Atrial Septal Defect, Ventricular Septal Defect, and Atrio-Ventricular Septal Defect.
- 10.30 - 10.50 Discussion (Coffee/Tea and Snacks are served)
- 10.50 - 11.10 Right and Left Ventricular Outflow Obstruction : Pulmonary Stenosis, Aortic Stenosis, Coarctation of the Aorta, and Interrupted Aortic Arch.
- 11.10 - 11.30 Cyanotic Congenital Heart Disease (I): Tetralogy of Fallot, Pulmonary Atresia, Double Outlet Ventricle and Truncus Arteriosus.
- 11.30 - 11.50 Cyanotic Congenital Heart Disease (II): Transposition of the Great Arteries, Total Anomalous Pulmonary Venous Drainage, and Univentricular Connection
- 11.50 - 12.10 Discussion
- 12.10 - 13.10 Lunch
- 13.10 - 14.00 Live Case Demonstration
- 14.00 - 16.30 Hands-on
- 16.30 - 17.00 Video Interactive Post Test

NURSING SESSION

Thursday, November 29, 2007

NURSING SESSION

Sumba A

Part I

- Chairman : *Nurhasanah, Ns*
10.15 - 10.35 Pre hospital cardiovascular critical care
Daniel P L Tobing
10.35 - 10.55 TLC : Dealing with critically ill patients and their families
Ety Hendrawati, Ns
10.55 - 11.15 Discussion

- 11.15 - 12.30 **LUNCH SYMPOSIUM**
12.30 - 13.30 **Lunch at Timor Room**

NURSING SESSION

Sumba A

Part II

- Chairman : *Tjatur Astuti, Ns*
13.30 - 13.50 When and how to start rehabilitation program in patients with ACS
Maulin Nasikah, Ns
13.50 - 14.10 Early recognition of congenital heart disease
Dewi Meilina, Ns
14.10 - 14.30 Discussion

Friday, November 30, 2007

NURSING SESSION

Sumba A

Part III

- Chairman : *Rosita Akip, Ns*
13.30 - 13.50 Nursing management of acute decompensated heart failure
Westri Ambarsih, Ns
13.50 - 14.10 The role of nurse in the prevention of re-hospitalization in heart failure patients
Tini Suminarti, Ns
14.10 - 14.30 Discussion

NURSING SESSION

Sumba A

Part IV

- Chairman : *Wahyuningtyas W, Ns*
14.30 - 14.50 Lethal arrhythmia : the role of nurse in the front line
Maria Pramesti
14.50 - 15.10 Preventing and handling nosocomial infections : Patients and nurse safety
Siti Rohani, Ns
15.10 - 15.30 Discussion



Registration form

Receipt Date :	Registration Number :
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Pre-registration at the 19th WECOC Secretariat will be closed on November 23, 2007.
Onsite registration will be opened at Borobudur Hotel, Jakarta on November 29, 2007 at 07.00 am.

Please type or print in BLOCK LETTER and tick (✓) where applicable

Prof. Dr. Mr. Mrs. Ms.

First Name :		Surname :	
Institution :			
Mailing Address :			
City/ZIP code :	Phone :	Fax :	E-mail :
Sponsor :	Contact Person :	Phone :	

Registration Fee :

Category	Before October 1, 2007	After September 30, 2007
PERKI Member	<input type="checkbox"/> Rp. 600.000,-	<input type="checkbox"/> Rp. 650.000,-
Other Specialist	<input type="checkbox"/> Rp. 700.000,-	<input type="checkbox"/> Rp. 750.000,-
General Practitioner	<input type="checkbox"/> Rp. 600.000,-	<input type="checkbox"/> Rp. 650.000,-
Nurse/Medical Technician	<input type="checkbox"/> Rp. 450.000,-	<input type="checkbox"/> Rp. 500.000,-

Signature :	Amount :
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Payment should be made to :

c/o. **Symposium Weekend Course on Cardiology**
BANK MANDIRI
Branch : Letjend. S. Parman, Slipi - Jakarta
KK. Harapan Kita
Acc no. : 116-0099041007

Cancellation, Refund Policy for Registration :

- All cancellations or name replacements of the participant must be notified in writing to the 19th WECOC secretariat before November 1, 2007. Refund will be returned after the symposium end.
- There will be no refund for all cancellation after October 31, 2007

MINI COURSE & WORKSHOP form

Receipt Date :	Registration Number :
----------------	-----------------------

Please type or print in BLOCK LETTER and tick (✓) where applicable

Prof. Dr. Mr. Mrs. Ms.

First Name :		Surname :	
Institution :			
Mailing Address :			
City/ZIP code :	Phone :	Fax :	E-mail :
Sponsor :	Contact Person :	Phone :	

Registration Fee for Mini Courses :

MINI COURSES	Participant of 19th WECOC	Non-Participant of 19th WECOC
Thursday, November 29, 2007		
ECG Made Easy in Clinical Practice	<input type="checkbox"/> Rp. 300.000,-	<i>For Participant only</i>
Acute Heart Failure	<input type="checkbox"/> Rp. 300.000,-	
Friday, November 30, 2007		
Acute Coronary Syndrome	<input type="checkbox"/> Rp. 300.000,-	<i>For Participant only</i>

WORKSHOP

Saturday, December 1, 2007

Echocardiography in Congenital Heart Disease <i>For cardiologist and fellows in training</i>	<input type="checkbox"/> Rp. 500.000,-	<input type="checkbox"/> Rp. 750.000,-
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Signature :	Amount :
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Payment should be made to :

- c/o. **Symposium Weekend Course on Cardiology**
BANK MANDIRI
 Branch : Letjend. S. Parman, Slipi - Jakarta
 KK. Harapan Kita
 Acc no. : 116-0099041007

Mini Course and Workshop :

- Participants for mini courses and workshop will be limited, please register as early as possible.



Hotel reservation form

Receipt Date :	Reservation Number :
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Please type or print in BLOCK LETTER and tick (✓) where applicable

Prof. Dr. Mr. Mrs. Ms.

First Name :		Surname :	
Institution :			
Mailing Address :			
City/ZIP code :	Phone :	Fax :	E-mail :

BOROBUDUR HOTEL JAKARTA

Room Type	Room Rate (Including breakfast)	Check in	Check out	Total Night
<input type="checkbox"/> Superior	Rp. 650.000,- net/night			
<input type="checkbox"/> Deluxe	Rp. 750.000,- net/night			

One night deposit is required for reservation and full payment has to be payed before November 1, 2007

Sponsor :	Contact Person :	Phone :
Signature :		Amount :

Payment should be made to :

- c/o. Symposium Weekend Course on Cardiology**
BANK MANDIRI
Branch : Letjend. S. Parman, Slipi - Jakarta
KK. Harapan Kita
Acc no. : 116-0099041007

Cancellation, Refund Policy and Revision Date for All Reservation :

- All cancellations or name replacements of reservation must be notified in writing to the 19th WECOC Secretariat before November 1, 2007. Refund will be returned after the symposium end.
- There will be no refund for all cancellation after October 31, 2007.
- Please contact the 19th WECOC Secretariat for name replacements, changes of the room type and notifying check in/out date of hotel reservation prior to November 1, 2007, as there will be no change after October 31, 2007.